

# Alta California Regional Center Individual Program Plan

New       Addendum

Client: Kaleb Xiong

Service Coordinator: Ger Lor

AFPF Assessment:

Medicaid Waiver:   
1915(i) SPA:

Date of Birth: 03/13/2020

Review of Client Progress:  
 Quarterly  Annually

U.C.I. Number: 8328040

I.P.P Development Cycle:  
 Annually     2-Years     3-Years

Date of I.P.P.: 01/08/2023

Location of I.P.P. meeting: Remote

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## Planning Team Participants:

- Kaleb Xiong, Client
- Yang Xiong. Client's father
- Mary Xiong, Client's mother
- Ger Lor, ACRC Children Service Coordinator

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## Statement of Goals:

1. Kaleb will live in the least restrictive environment.
2. Kaleb will maintain optimal health.
3. Kaleb will receive Medic Alert membership through.
4. Kaleb will receive a Free Appropriate Public Education (FAPE).

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## Client/Family Assessment:

Kaleb is a three-year and 10 months old ambulatory Hmong boy who was determined eligible for Regional Center services under the qualifying areas of autism and a condition similar to intellectual disability or requiring treatment similar to that required by individuals with intellectual disability on 12/27/2023 (5<sup>th</sup> Category – Global Developmental Delay). Based on Dr. Morgen Aita's psychological evaluation, Kaleb was diagnosed with Autism Spectrum Disorder (L3, L2) with Accompanying Language and Intellectual Impairment, Language Disorder, and Global Developmental Delay.

He is also diagnosed with bilateral Persistent Hyperplastic Primary Vitreous (PHPV) at two months old. PHPV is an abnormal condition where the vascular structures during the eye development failed to regress or go away. This persistence of fetal vasculature leads to abnormal eye development, retinal detachment, and thus the loss of vision. Kaleb never had sight since birth.

Kaleb was identified as having substantial deficits in areas of self-care, self-direction, learning, receptive and expressive languages. He lives with his biological parents, Yang and Mary Xiong, along with his five sisters and two brothers. Kaleb is the 7<sup>th</sup> child. Mr. Xiong works as an Administrative Services Officer, and Mrs. Xiong is currently a stay-at-home mother. The Xiong family resides at 9582 Village Tree Drive, Elk Grove, CA 95758. Mr. Xiong can be reach via email: [YANGCOUNTY@GMAIL.COM](mailto:YANGCOUNTY@GMAIL.COM) or phone: (916) 647-7815, and Mrs. Xiong can be reached via phone: (916) 896-7267 or email: [MARYXIONG19@YAHOO.COM](mailto:MARYXIONG19@YAHOO.COM).

Kaleb has limited speech and communication skills. He can only speak in single-words or 1-2 words statements. He is unable to express his emotions. Most of the time, his communication is not related to what is discussed. He does not respond to simple what questions. Example: "What do you want?" "What are you doing?" Kaleb often communicates by requesting and rejecting objects/activities. He does not often respond to greetings or to his name without adult prompt. To get his attention, his parents have to go up to him and talk to him directly or physically guide him. When answering questions, he often requires prompted from an adult. He will often repeat a word or phrase that is being taught or just hearing from another person, a form of echolalia. As a result, some learning occurs, but most of the time, Kaleb does not understand what a word or phrase means for communication in a functional manner.

Kaleb can only follow 1-step directions. He cannot retain too much information when it is given to him at once. He does not initiate social interaction with peers his age or his siblings. He plays by himself. He enjoys playing with little toy figures and any objects that can make sounds or noise. He likes to put non-food items in his mouth and tends to lick it as he plays with it.

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#### **Legal Status:**

Kaleb is a minor living in the family home with his biological parents; therefore, conservatorship does not apply.

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**Current Status:** Kaleb is a three-year and 10 months old ambulatory Hmong boy who was determined eligible for Regional Center services under the qualifying areas of autism and a condition similar to intellectual disability or requiring treatment similar to that required by individuals with intellectual disability on 12/27/2023 (5<sup>th</sup> Category – Global Developmental Delay). Kaleb was identified as having substantial deficits in the areas of self-care, self-direction, learning, receptive and expressive languages.

**ADLS:** Kaleb requires full physical assistance from his parents to complete all his daily living activities. He does not like to brush his teeth. Both of his parents must assist him with brushing his teeth. Kaleb's father will hold him while his mother brushes his teeth. Kaleb requires physical assistance with bathing. He cannot wash himself and always requires his parents' supervision. He does not like having water on his head. It does take him a while to get use to the water touching his face when bathing. He is unable to

use the toilet independently. He wears diapers. Kaleb does not have control of his bladder and bowel movement. He relies on his parents to change his diaper and wipe him whenever there is a bowel movement. Alta Regional will be funding for wipes and diaper until Kaleb turns five years old. He needs full physical assistance with getting dress from his parent. He is unable to choose his own clothing. He does prefer his clothes to be looser. He likes to roll-up his pants and long sleeve shirts. He is unable to do zippers, snaps, and buttons. He cannot tie his shoes at this time or put on his shoe correctly. Kaleb requires parent supervision when eating or else he will overeat and throw up. He is a selective eater. He does have food sensory issues. He does not like anything mushy or slimy. He prefers to eat crunchy and dry foods. He is unable to use utensils when he is eating. He requires his parents to feed him most of the time. When he does eat by himself, he will use his fingers to eat. His parents will cut his food into bite size.

**Behaviors:** Kaleb is a routine boy due to his Autism. For example, because his mom has been the primary person taking him to school, it is very hard for him to accept others like his dad to take him to school. Another example: he will accept only his mom to give him his bottle and requires his mom to hold/touch his feet while he drinks. He has a difficult time with transitioning from one activity to another. Due to his limited communication skills, he experiences frustration frequently. For example, when he is playing with something and drops the item, if he cannot find it near him, he will scream "Put away". If his parents are unable to find the item he dropped, despite his parents' explanations, he doesn't understand that the item could not be found and continues to cry and scream. Being autistic, as a way to self-sooth, to calm his anxieties and frustration, he engages in self-injurious behaviors like banging his head on the floor, wall or hitting himself in the head with his hand. He will also roll around on the floor and usually ends up getting hurt as he bumps into things. His tantrum can last up to an hour. His parents will try to redirect him. His parents reported that he has auditory sensitivity. When he is exposed to loud noise, if his parents don't remove him or turn off the noise, it will cause him to have a panic attack due to over stimulation. To deal with the situation, he typically uses his index fingers to exert a lot pressure on his tragus (the little part that sticks out right below the ear opening) to cover the opening of his ears instead of using the palm of his hand to fully cover it like most people would normally do. He shows vestibular (movement) issues and proprioceptive (pressure) issues. He likes the feeling of spinning around in circle, jumping up and down, and swinging back and forth. He has a need for oral stimulation. He puts everything in his mouth before he plays with the items. He also would lick it as he plays with the item regardless of whether the item is clean, sharp, or dirty. Because of this, he requires his parents' supervision at all times to ensure that he is safe and not putting random items in his mouth. He does not understand that the items he put in his mouth can be unsafe or unclean.

**Sleeping Patterns:** Kaleb has a difficult time falling asleep and sleeping throughout the night. He does not fall asleep until 2 - 3 AM in the morning on most nights. He jumps and twirls and loses balance resulting with injuries to his head and body. If he is not

jumping and twirling, he will try to get out of the bedroom to go search for things to put in his mouth and play with. His mother or father must always be up with him to keep him safe. On a good night, he may fall asleep by midnight. Sometimes, he wakes up with nightmares and will not go back to sleep. He makes statement like "Turn it off!" as if something was still playing on the TV or his iPad. There has been incidents where he has fell off and hurt himself in the middle of the night due to his jumping and rolling around.

**Safety Awareness:** Kaleb does not have any understanding of safety awareness. He has no sense of danger. He will leave with strangers without realizing that his parents are not there. He does elope when he gets the opportunity. There was an incident where he wandered to the neighbor's garage. He likes to climb and is unaware how high it is. There has been incidents where he had fell off from the rocking chair due to rocking really fast on the rocking chair. Kaleb cannot be left alone or else he will get injured. Kaleb continues to require adult supervision 24-hour care to ensure his health and safety. At this time, he is eligible for a max of 120 hours per quarter of respite services through Pacific Homecare Services as the Employer of Record (EOR).

**Objective #1:** With respite services, Kaleb will continue to live in the least restrictive environment through 04/25.

#### **Schedule of Services and Supports:**

- 1.1 Kaleb will continue to live with his/her family in the family home.
- 1.2 The ACRC SC will request ACRC funding for up to a maximum of 120 hours per quarter of respite services with Pacific Homecare Service as the Employer of Record (EOR) in accordance with ACRC Service and Support Policy.
- 1.3 Kaleb and his family will maintain essential supplies in case of disaster including items needed if unable to access community for an extended period of time. "Essentials" might include: water, non-perishable food, duct tape, garbage bags, flashlight (extra batteries), whistle, first-aid kit, radio (extra batteries), clothes, medications and important documents. (The essentials are the most vital things for an individual and may vary depending on the person's specific needs.)
- 1.4 Kaleb and his family are encouraged to maintain survival kits with the essentials at home and in their vehicles.
- 1.5 Kaleb and his family will have essential items prepared to access in the event of an emergency evacuation. Accessible items should include: Insurance information (Medi-Cal/Medicare cards), important papers, emergency contact list, cell phone, flashlight, radio, money, ATM and credit cards.
- 1.6 Kaleb and his family are encouraged to maintain a 3-day supply of food, water, and emergency supplies appropriate for their needs.
- 1.7 Kaleb and his family can contact their local city/town government office for local emergency plan information.
- 1.8 Kaleb and his family can contact the local fire department or the Red Cross as a resource for CPR/First Aid training.

- 1.9 Kaleb and his family can contact ACRC Service Coordinator for referral to resources and emergency preparedness classes in their own communities.
- 1.10 Based on Kaleb's condition of eligibility, if there are no generic resources for prescribed equipment and/or medical supplies, pending assessment and need, ACRC Service Coordinator will request ACRC funding per ACRC Service Policies for (e.g wipes, diapers).
- 1.11 The ACRC Service Coordinator will review progress on an annual basis.

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**Current Status:** Kaleb will maintain optimal health given regular medical and dental care. His primary insurance is Kaiser Medi-Cal. He is totally and legally blind and have been diagnosis with Persistent Hyperplastic Primary Vitreous (PHPV) at two months old. His current height is 48 inches tall and weighs about 28 pounds. He does not have any allergies or dietary restrictions at this time. His hearing is within normal limit. Overall, this past year, Kaleb has been healthy with no major health concerns or hospitalizations.

**Doctors:** Kaleb's primary care doctor is Dr. Stephanie Yee-Guardino at Kaiser. His last doctor visit was in the summer of 2023.

**Specialists/Therapies:** Kaleb is currently receiving care from eye specialist in Kaiser Roseville. His parent is trying to pursue speech therapy and ABA services through Kaiser.

**Dentist:** He does not have a dentist at this time.

**Medications:** Does not take any currently.

**Objective #2:** Given regular medical and dental care, Kaleb will maintain optimal health through 04/25.

**Schedule of Services and Supports:**

- 2.1 Kaleb with support as needed from his/her family will arrange for and transport Kaleb to medical and dental appointments and will supervise medication as needed.
- 2.2 Kaleb's parents will be responsible for providing support for Kaleb in the event of an emergency hospitalization, including assistance with admission, discharge and aftercare.
- 2.3 With approval from Kaleb's parents, ACRC Service Coordinator will periodically request updated medical documentation.
- 2.4 Health care will continue to be provided by Kaiser Medi-Cal for as long as Kaleb is eligible for this service.
- 2.5 Dental care will continue to be provided by insurance for as long as Kaleb is eligible for this service.
- 2.6 Kaleb will have access to consultation with ACRC's Clinical Team as needed.

- 2.7 Kaleb's primary physician will prescribe any needed adaptive equipment and medical supplies as appropriate.
- 2.8 Kaleb's parents will seek generic resources for funding of all medical supplies and adaptive equipment.
- 2.9 Based on Kaleb's condition of eligibility, if there are no generic resources for prescribed equipment and/or medical supplies, pending assessment and need, ACRC Service Coordinator will request ACRC funding per ACRC Service Policies.
- 2.10 Kaleb's parents will notify ACRC Service Coordinator of any significant changes in health status.
- 2.11 ACRC Service Coordinator will review progress on an annual basis.

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**Current Status:** Kaleb has limited communication skills. Kaleb does not have any safety awareness and does like to wander away from his parents if given the opportunity. He is unable to informed authority his parents contact information or home address. In order to remain safe in the community, ACRC will fund for the Medic Alert membership yearly per parent's request. The Medic Alert identification will provide Kaleb's identifying information, in case of an emergency, he gets lost, or wanders away in the community.

**Objective #3:** Kaleb is eligible to receive Medic Alert membership through 04/25.

**Schedule of Services and Supports:**

- 3.1 ACRC Service Coordinator will fund the membership yearly per parent request.
- 3.2 ACRC will fund for a growth bracelet, but not if the bracelet, necklace, or shoe tag is lost or broken.
- 3.3 Kaleb's parents will update personal information with Medic Alert as needed or request that ACRC Service Coordinator to do so.
- 3.4 ACRC Service Coordinator will review progress on an annual basis.

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**Current Status:** Kaleb will receive a Free Appropriate Public Education (FAPE). He resides within the boundaries of Elk Grove Unified School District (EGUSD). Prior to enrolling at EGUSD, he attended the Infant Development Program through Sacramento County of Office of Education. He is currently enrolled at in a special education classroom at Foulks Ranch Elementary School as a preschooler. He qualified for IEP services under Visual Impairment and Speech/Language Impairment. His last IEP meeting was on May 9<sup>th</sup>, 2023.

Services: He receives specialized vision services (120 mins/weekly), orientation and mobility services (40 minutes/weekly) and speech therapy at school. He always has a one-on-one paraeducator with him during school hours.

**Objective #4:** Kaleb will receive educational services as specified in his/her Individual Education Plan (IEP), provided by the Elk Grove Unified School District through 04/25.

**Schedule of Services and Supports:**

- 4.1 Elk Grove Unified School District staff will complete Kaleb's IEP meeting annually, providing a copy of the IEP document to planning team members.
- 4.2 Elk Grove Unified School District's transportation services will make arrangements for Kaleb's transportation to and from school and for any Community Based Instruction related experiences.
- 4.3 Elk Grove Unified School District will continue to provide funding for Kaleb's special education services.
- 4.4 ACRC Service Coordinator will be available to assist with monitoring school progress and pursue necessary steps to assure that Kaleb is appropriately placed, as requested by family.
- 4.5 ACRC Service Coordinator will attend Kaleb's IEP conferences as available upon request by family, and/or the School District.
- 4.6 Kaleb's parents will notify ACRC Service Coordinator about any changes or concerns with his special education services.
- 4.7 ACRC Service Coordinator will schedule tours of appropriate day and/or vocational programs for Kaleb, as requested by Kaleb and/or his family.
- 4.8 ACRC Service Coordinator will review progress on an annual basis.

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cc:  Client:  
 Parent(s)/Conservator/Guardian:  
 Program:  
 Care Provider:

Date Typed: 01/09/2024  
Date Sent: